

CANADIAN DRUG FACTS TABLE FOR NON-PRESCRIPTION MEDICATION

All non-prescription medications have a Canadian Drug Facts Table (CDFT) on the label or box. Here is what it all means:

Active ingredient: (also known as medicinal ingredient) These are the medicinal ingredients the product contains, and their strength or amount in the product.

Uses: This is the intended benefit for the product.

Warnings: Whether or not this product is safe for you. This is important to read if you have an allergy, a medical condition, and / or are pregnant or breastfeeding. Instructions about side effects and when to get medical help may also be included.

Directions: How to use the product safely.

Other information: Lets you know when you need to read a package insert for more information. It may also include how to properly store or dispose of a product.

Inactive ingredients: These are ingredients in the product that don't have a medical benefit. These can include coatings and flavours.

Purpose: What each ingredient does. For example, a cough and cold product might include a decongestant and a cough reliever.

Symbol: This symbol means that there is more to read.

Questions: How to contact the company responsible for the product, usually as a telephone number, website, or email address, to ask questions or to report side effects.

Drug Facts		
Active ingredient (in each tablet)		Purpose
Ingredient A xxx mg.....		XXXXXXXXXXXX
Uses		
Relief of •XXXXXXX •XXXXXXX •XXXXXXXXXXXX		
Warnings		
Allergy alert May cause a severe allergic reaction.		
Do not use if •XXXXXX •XXXXXX •XXXXXXXXXXXXXXXXXXXX •XXXXXXXXXXXX		
Ask a doctor or pharmacists before use if you •have •XXXXXX XXXX •XXXXXX •take •XXXXXX •XXXXXX •XXXXXX •are pregnant or breastfeeding		
When using this product do not drive a motor vehicle or operate machinery. This product may cause drowsiness or excitability.		
Stop use and ask a doctor if •XXXXXX •XXXXXXXXXXXXXXXXXXXX •XXXXXXXXXXXX •XXXXXXXXXXXX XXXXXXX •XXXXXXXXXXXXXXXXXXXX •XXXXXXXX XXXX		
Keep out of the reach of children. In case of an overdose, call a poison control centre or get medical help right away. ▼		

Drug Facts (continued)		
Directions		
Do not chew tablets.		
Children under 6 years		Ask a doctor
Children 6-12 years	x tablet(s) every y hours as needed	Do not take more than Z tablets in 24 hours
Children over 12 years, and adults	X tablets every Y hours as needed	Do not take more than Z tablets in 24 hours
Other Information		
Store at room temperature (15-30° C).		
Inactive ingredients		
List of NMIs List of NMIs List of NMIs List of NMIs		
Questions? Call 1-8XX-XXX-XXXX		

All the important information about the medicine will be on or in the package.

Contact your pharmacist or healthcare provider if you have questions about any medication.